



**Subject: Local Tribute: Memorial Bench Honours Resident Michael Spencer
Press Invitation. Michael Graham Spencer 6 Raebarn Gardens Barnet Born
06.01.48 – died 13.03.25**

Dear Editor

I'm reaching out on behalf of **Unique Care** a bespoke care provider based in Radlett, to share a heartfelt and community-focused story we hope you'll consider covering.

Together with **Barnet Council** and **Dan Tomlinson MP's office** and **Simon Throssell** we've worked to install a memorial bench at Whiting's Hill **Fields in Barnet**, in memory of our much-loved client, **Michael Spencer**.

Michael, who lived with **multiple myeloma** and **depression** regularly walked these fields with his dog Frankie, supported by myself and my colleague Debbie. Though he loved these walks, there was **no place to rest** – something many elderly and unwell residents in Barnet face every day, despite the beauty of the surrounds, due to illness, age or fatigue to rest.

After six months of determined correspondence, the Council agreed to help us make this bench a reality thanks to **Dan Tomlinson MP's office Simon Throssell** for organising. Now in Michael's name, a rest stop will be there for others.

In response to this quiet but deeply felt need, we've helped make something lasting: **A rest stop for all.**

The bench will feature a personalised engraved Plaque, written especially in Michael's memory – a touching tribute to his life, his walks, and his love for the outdoors, which we believe will resonate with **the wider community of Barnet**.

We will be holding a small dedication ceremony upon installation, and we would love to invite your outlet to attend and cover the event. **Dan Tomlinson MP his college Simon, Michael's wife Valerie and close neighbours and friends will be joining us, and our team.**

This is not only a tribute to one man – it's a story about how care providers, local government and families can come together to make a tangible difference.

We believe your readers would appreciate the human warmth behind this gesture and we would be so grateful if your outlet could:

- Attend the ceremony (date to be confirmed)
- Capture photos of the plaque unveiling
- Interview those involved including our team and Michaels family.

Please see a picture attached of Michael walking the fields with his dog Frankie.
Please don't hesitate or early access to quotes the poem or photos. I'll follow up with our brochure also and final date and time of the ceremony.

Warm regards
Monique Gaby
UNIQUE CARE
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